

# Are the fruit on your trees really ready to pick?

Christine Frisina, Janine Jaeger,  
John Lopresti, Dario Stefanelli

AGRICULTURE  VICTORIA

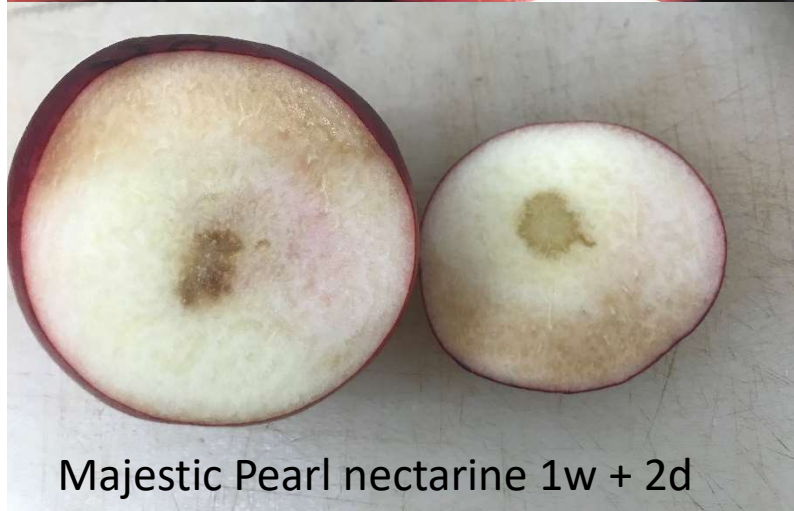
# Background

- **Poor Outturn**
  - Flesh Browning, discolouration, mealy, rubbery, shrivel
- **Harvest maturity**
  - Cultivar? Maturity?
  - Firmness and Sweetness results from several cultivars
- **Fruit development**
  - firmness, SSC results several cultivars
- **Storage trial results**

## Poor Outturn



Flavour Pearl nectarine 3w + 2d



Majestic Pearl nectarine 1w + 2d

**Flesh browning:** flesh is browned/discoloured

**Off colour:** flesh isn't brown but is off colour



Polar Princess Peach 2w + 2d

# Poor Outturn

## Mealiness:

dry, wooly, juiceless

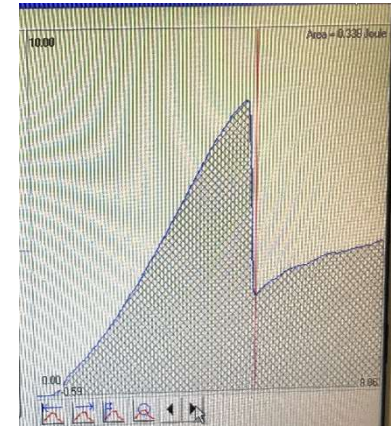
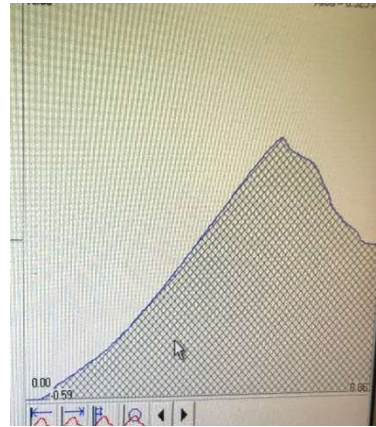


September Bright nectarine  
2w + 2d

- Mostly internal and textural
- Poor/dull skin colour

## Rubberiness:

fruit is very firm, often juiceless



- No aroma or poor flavour
- Off odours

## Outturn – Maturity

Immature fruit are more likely to express:

- **Flesh browning**  
visible on return to ambient temperatures
- **Rubbery flesh**  
noticeable after long term storage (more than 2 weeks)
- **Flesh dryness**
- **Discoloured flesh**
- **Dehydration – rubberiness, sometimes shrivelled skin**
- **Possibly mealiness**

Mature fruit are more likely to express:

- **Mealiness**
- **Flesh browning**
- **Shrivel**

## Harvest maturity

**Harvest factors:** Colour  
Size  
Firmness  
Sweetness

Factors measure harvest readiness, not maturity.

**Fruit is harvest ready, but not ready to harvest**



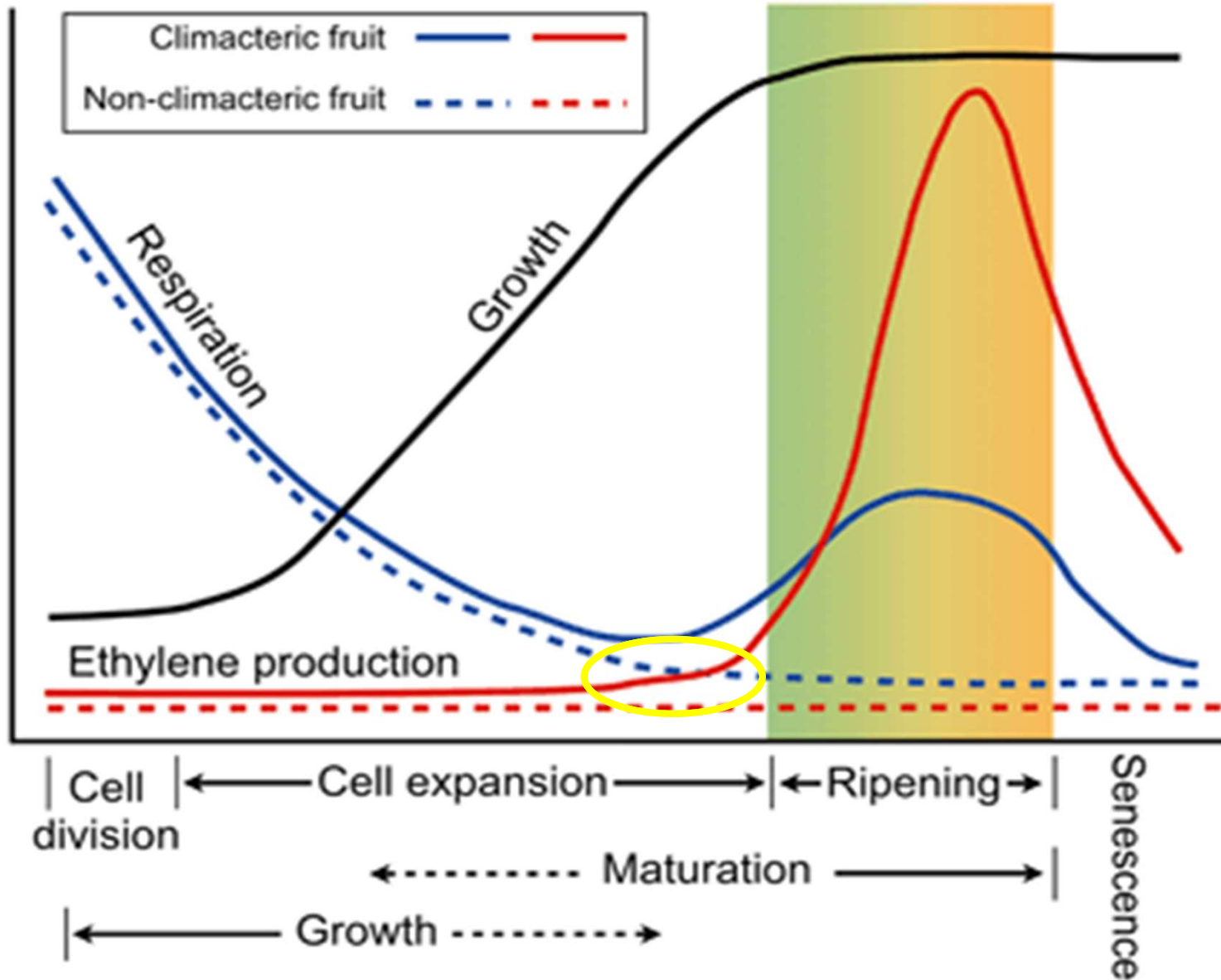
# Physiological Maturity

Maturity needs to be a measure of whether the fruit can be harvested and progress through ontogeny – reach is full organoleptic potential.

**Physiological maturity:** measuring the actual development stage of the fruit; using factors that help understand the physiological stages within the fruit.

CO<sub>2</sub> production - not sensitive enough; Ethylene production is better measure.

# Fruit development



Costa G., Ramina A. (2014) Temperate Fruit Species.  
 In: Dixon G., Aldous D. (eds) Horticulture: Plants for  
 People and Places, Volume 1. Springer, Dordrecht.  
[https://doi.org/10.1007/978-94-017-8578-5\\_4](https://doi.org/10.1007/978-94-017-8578-5_4)



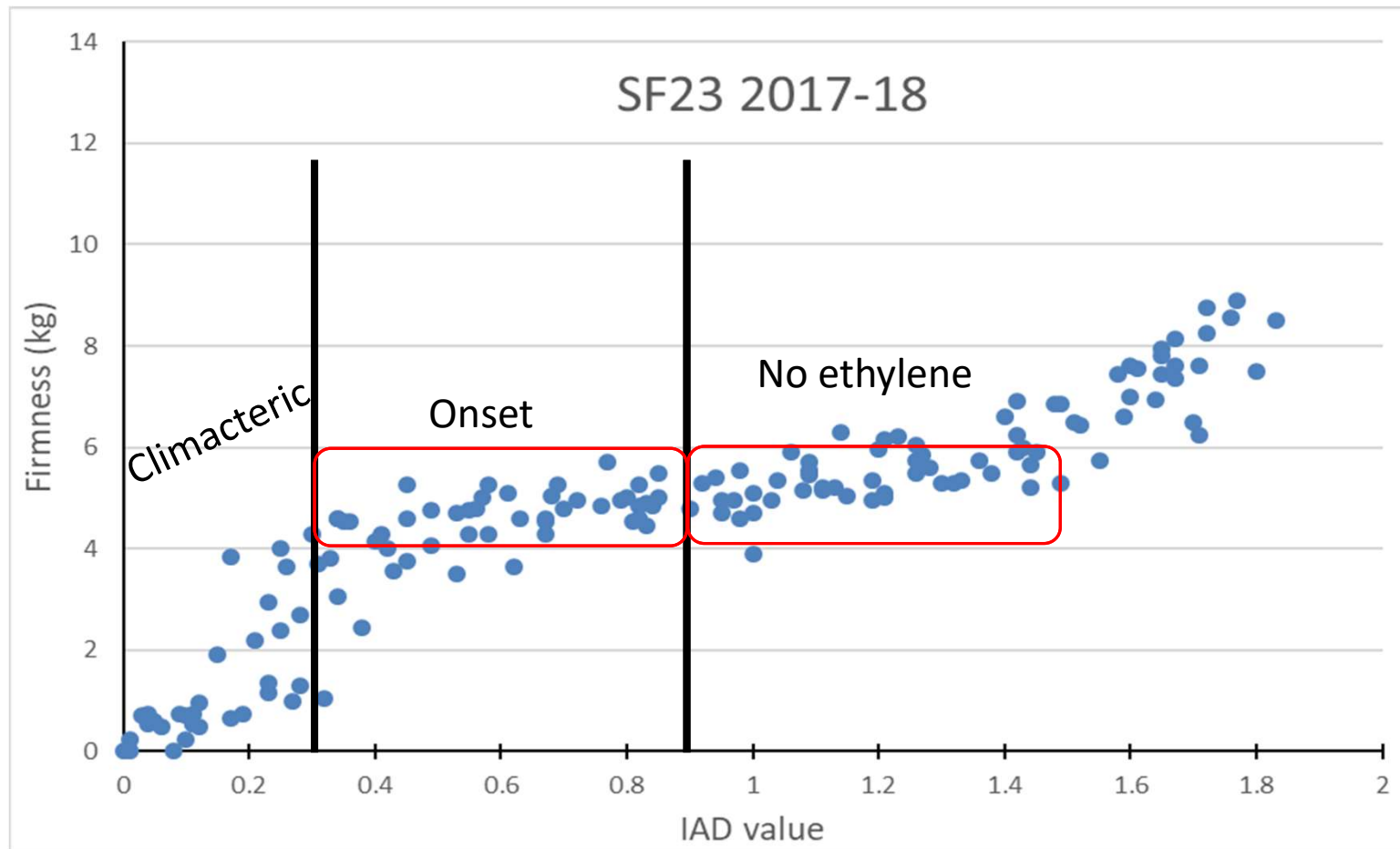
# DA meter IAD maturity classes: Database

Preliminary results on I<sub>AD</sub> Maturity classes for selected Stonefruit

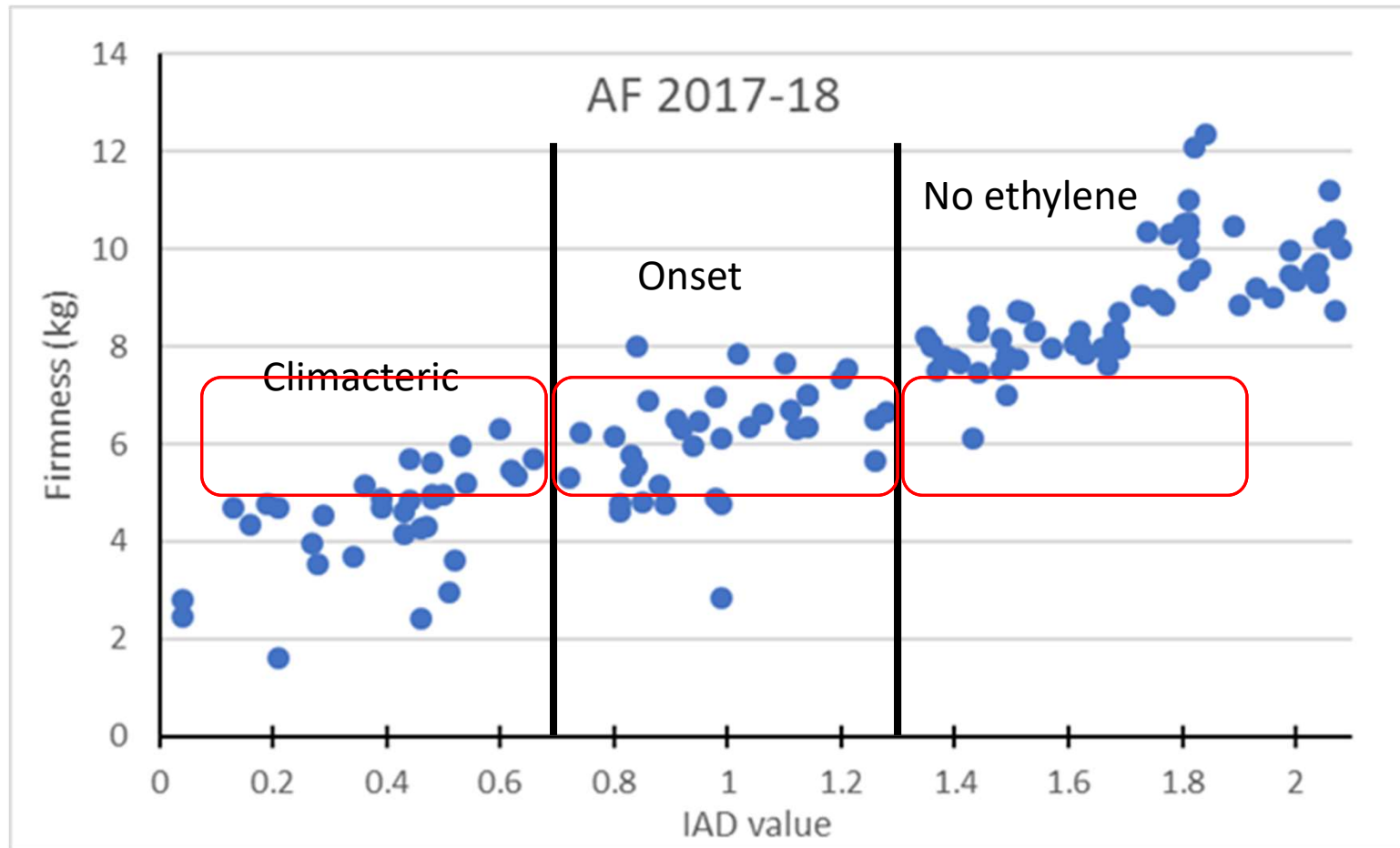
Cultivar	Seasonality	Immature (no ethylene, not to be harvested)	Harvest Ready (on-set climacteric, suitable for export and domestic)	Mature (climacteric peak, suitable for domestic)
Golden May	Apricot - Mid	> 1.20	1.19 - 0.60	< 0.59
Angeleno	Plum - Late	> 1.30	1.29 - 1.0	< 0.99
Rose Bright	Nectarine - Early	> 1.0	1.0 - 0.40	< 0.40
Snow Flame 23	Peach - Early	> 0.9	0.90 - 0.30	< 0.3
Snow Flame 25	Peach - Mid	> 1.0	1.0 - 0.60	< 0.6
Summer Bright	Nectarine - Mid	> 0.70	0.69 - 0.30	< 0.29
Fire Sweet	Nectarine - Mid	> 1.0	0.99 - 0.50	< 0.49
Summer Flare 26	Nectarine - Mid	> 1.0	0.99 - 0.60	< 0.59
Summer Flare 34	Nectarine - Mid	> 1.20	1.19 - 0.60	< 0.59
August Fire	Nectarine - Late	> 1.0	0.99 - 0.50	< 0.49
Autumn Bright	Nectarine - Late	> 1.0	1.0 - 0.60	< 0.60
August Bright	Nectarine - Late	> 0.90	0.90 - 0.40	< 0.40
September Red	Nectarine - Late	> 1.10	1.09 - 0.60	< 0.59
September Bright	Nectarine - Late	> 1.20	1.20 - 0.50	< 0.50
August Flame	Peach - Late	> 1.30	1.30 - 0.70	< 0.70
September Sun	Peach - Late	> 1.20	1.20 - 0.80	< 0.80
Ice Princess	Peach - Mid	> 1.30	1.30 - 0.50	< 0.50
O'Henry	Peach - Early	> 0.90	0.90 - 0.60	< 0.60
	Peach - Late	> 1.20	1.20 - 0.70	< 0.70
Red Haven	Peach - Mid	> 1.60	1.60 - 0.60	< 0.60

<http://www.hin.com.au/networks/profitable-stonefruit-research/stonefruit-maturity-and-fruit-quality/da-meter-iad-maturity-classes-database>

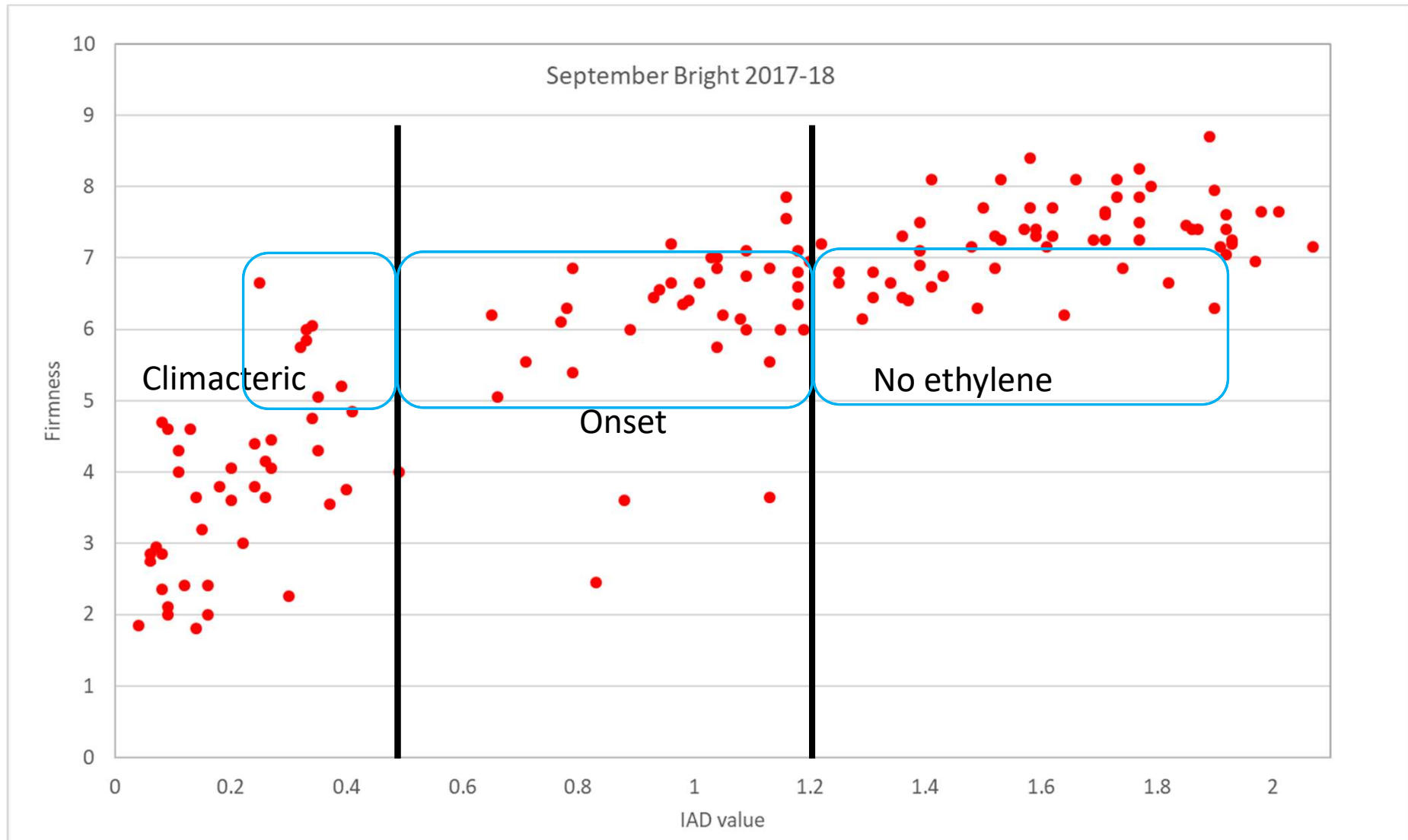
# Firmness – Snow Flame 23



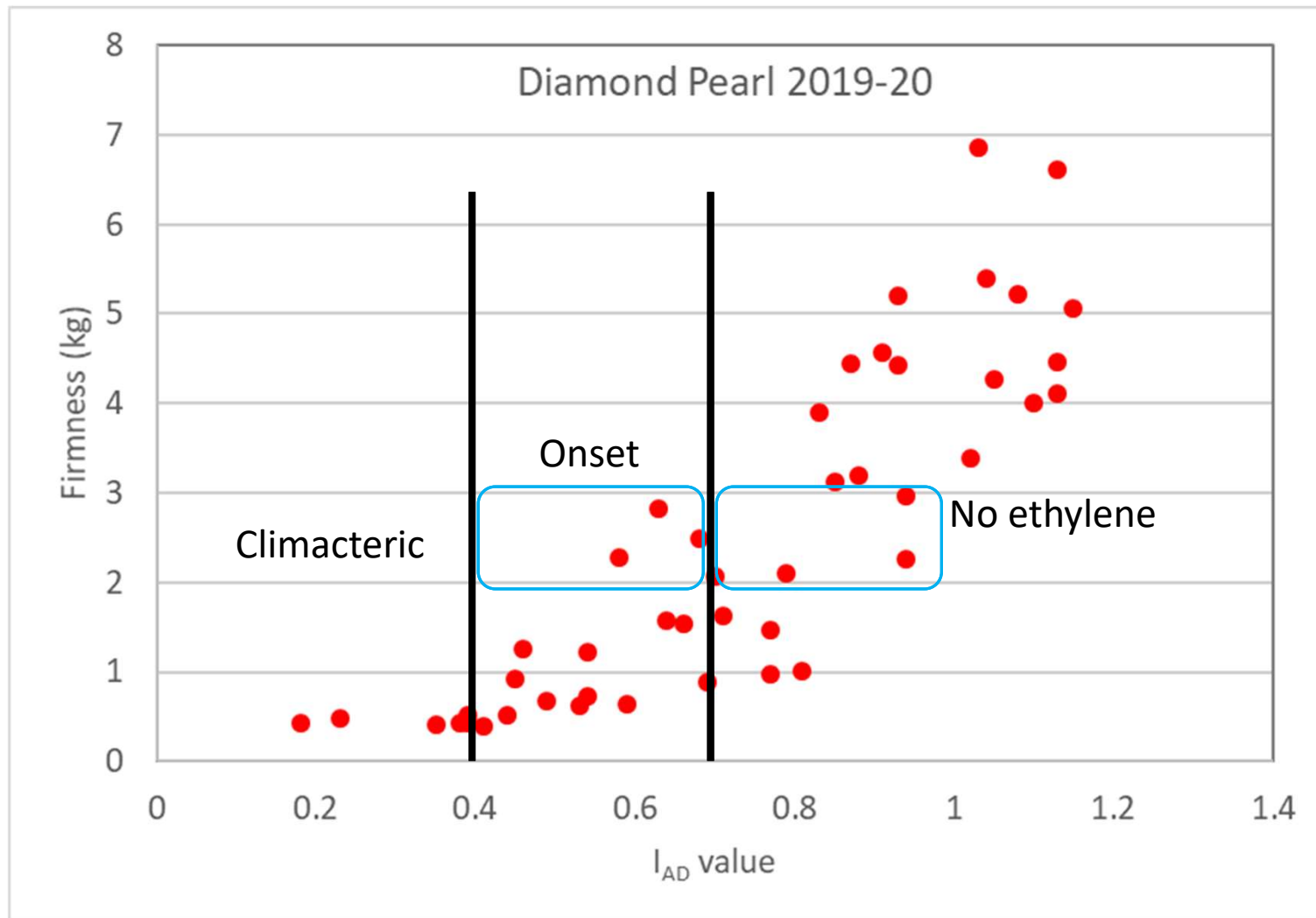
# Firmness – August Flame



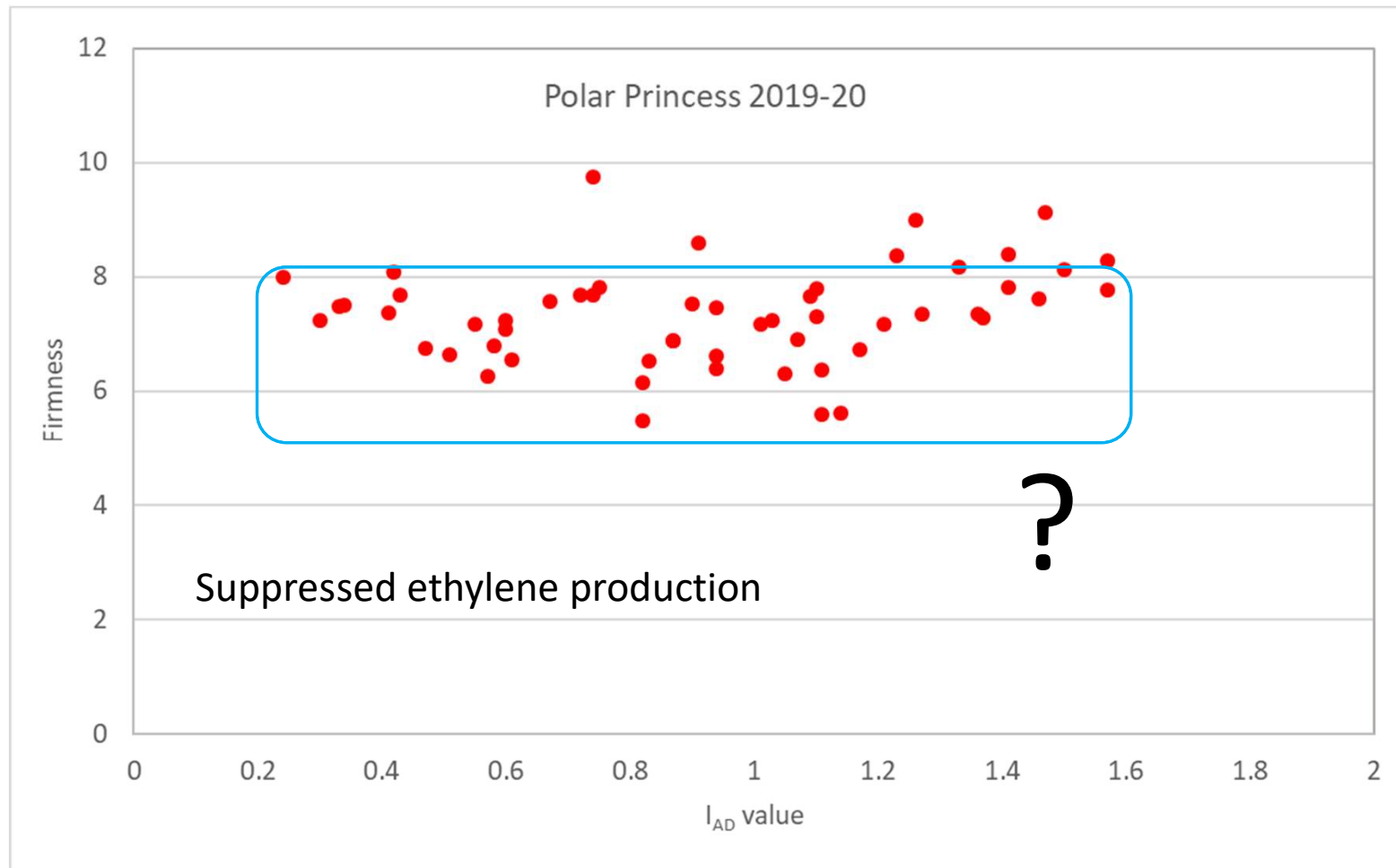
# Firmness – September Bright



# Firmness – Diamond Pearl

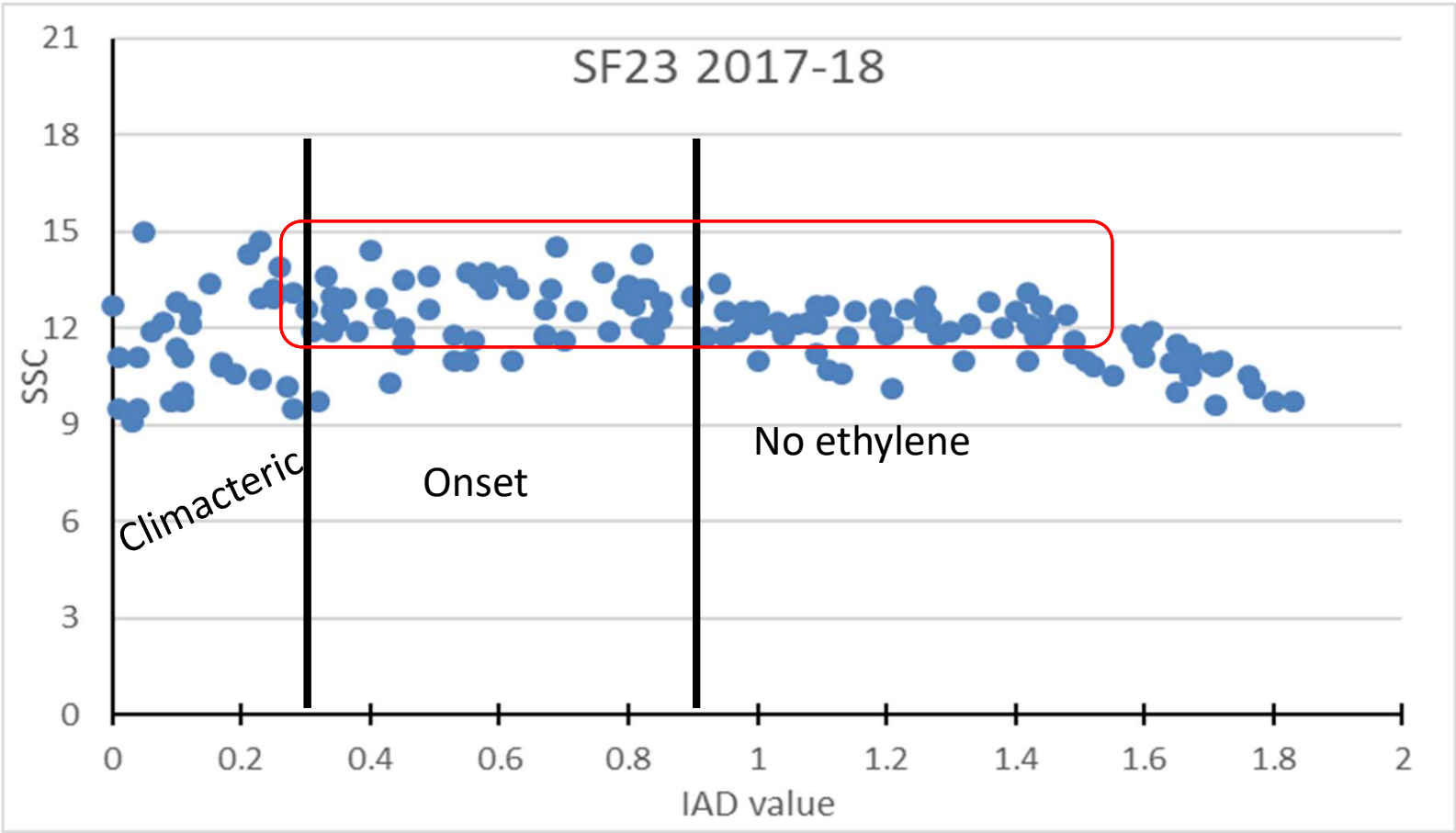


# Firmness – Polar Princess

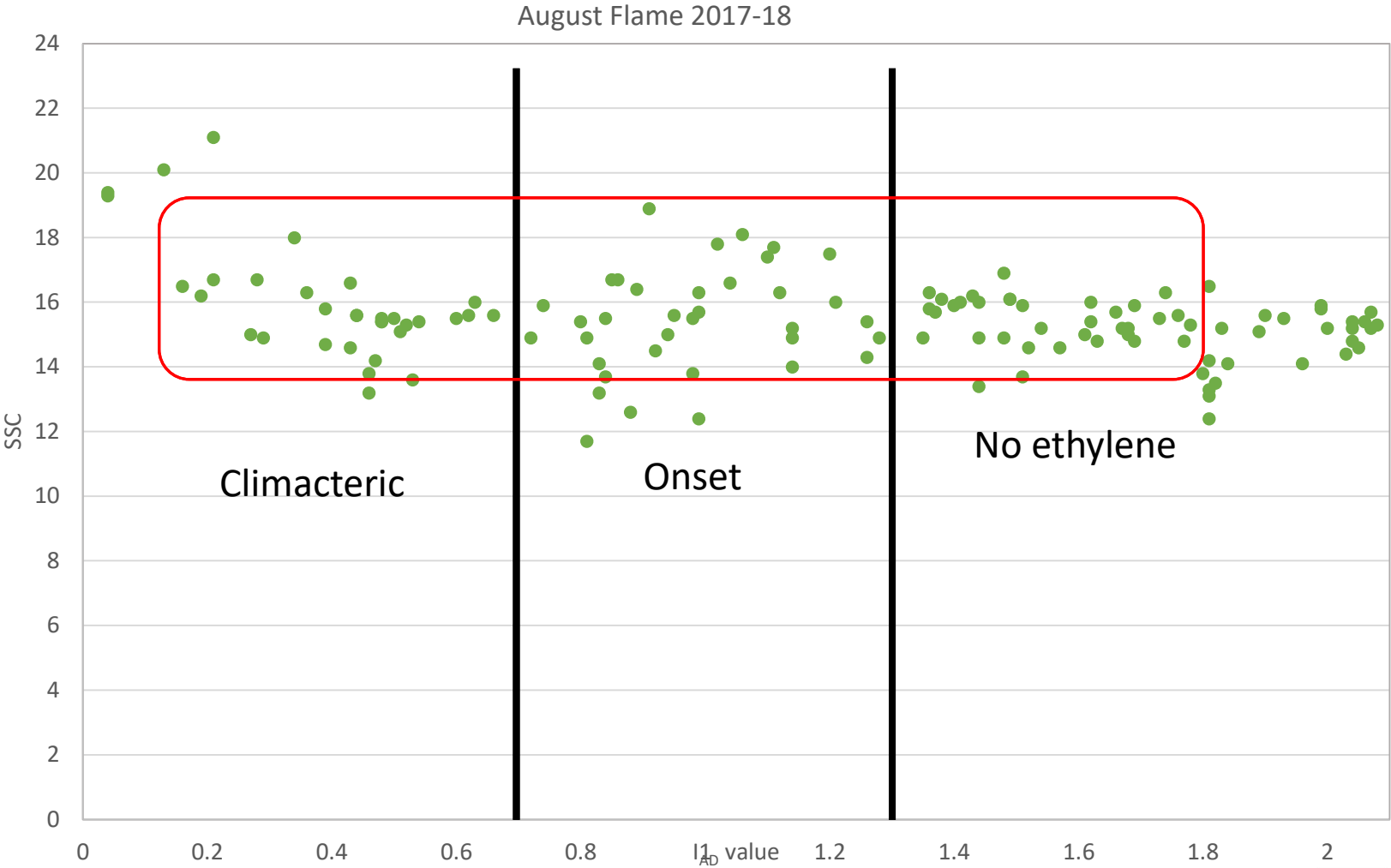




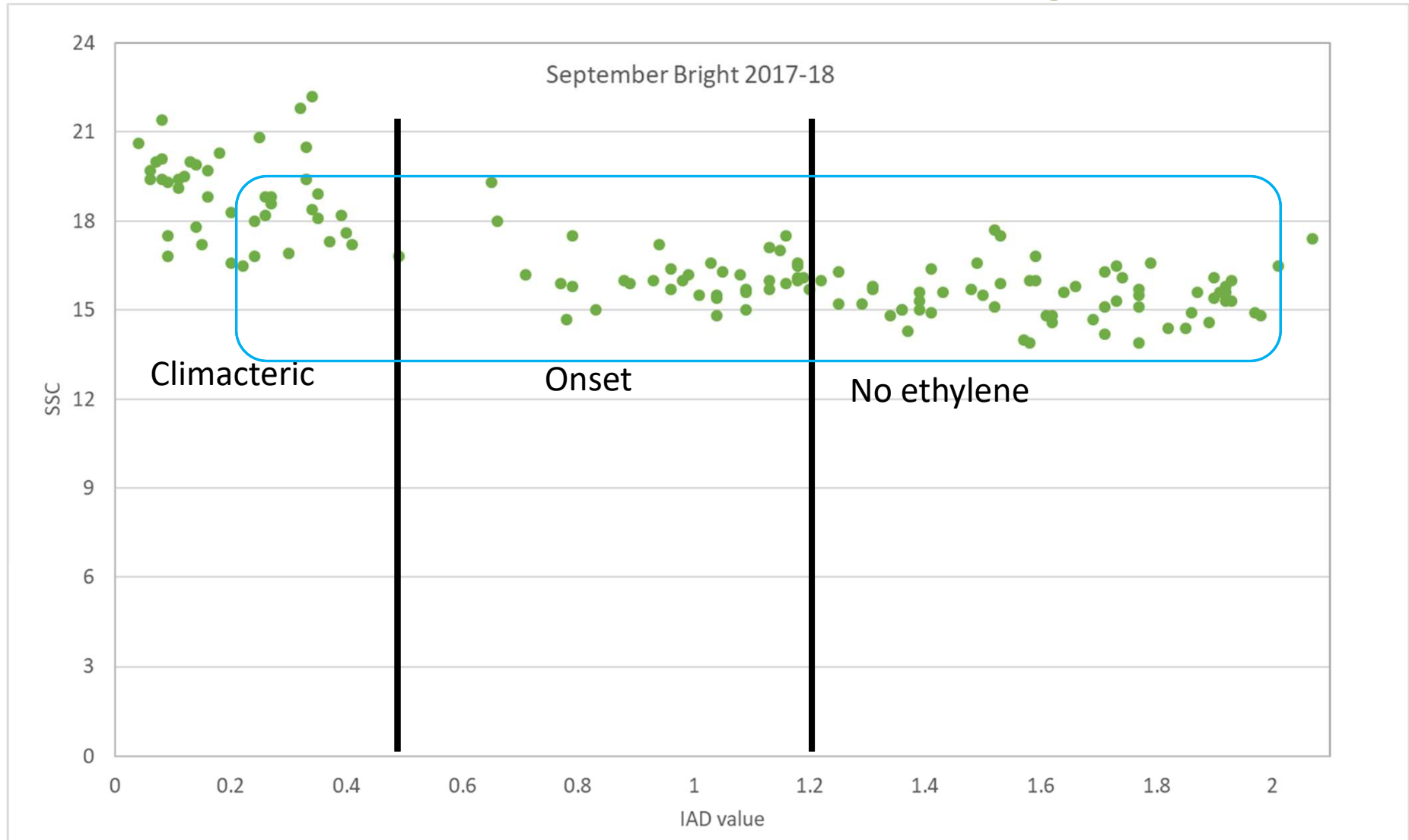
# Sweetness – Snow Flame 23



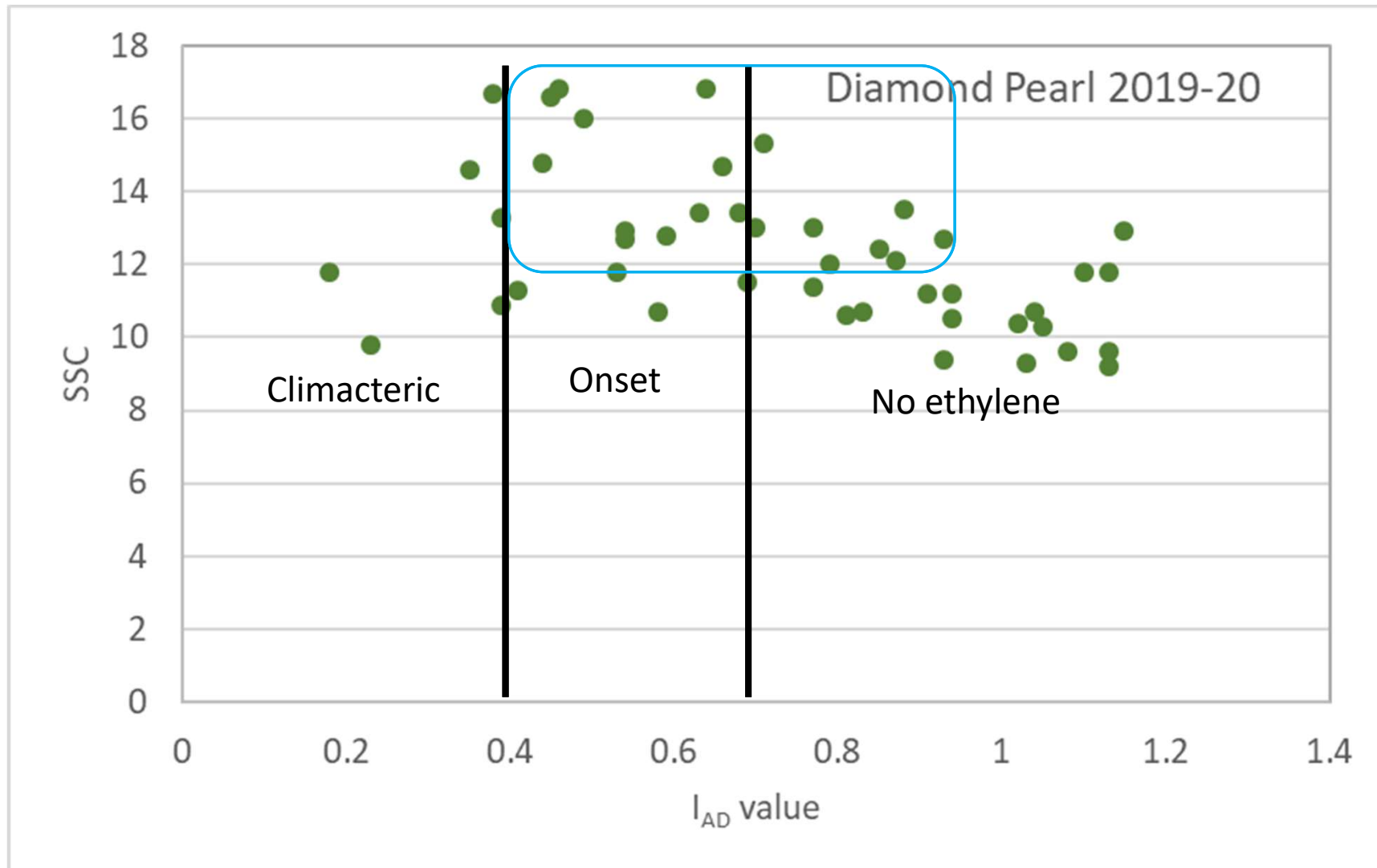
# Sweetness – August Flame



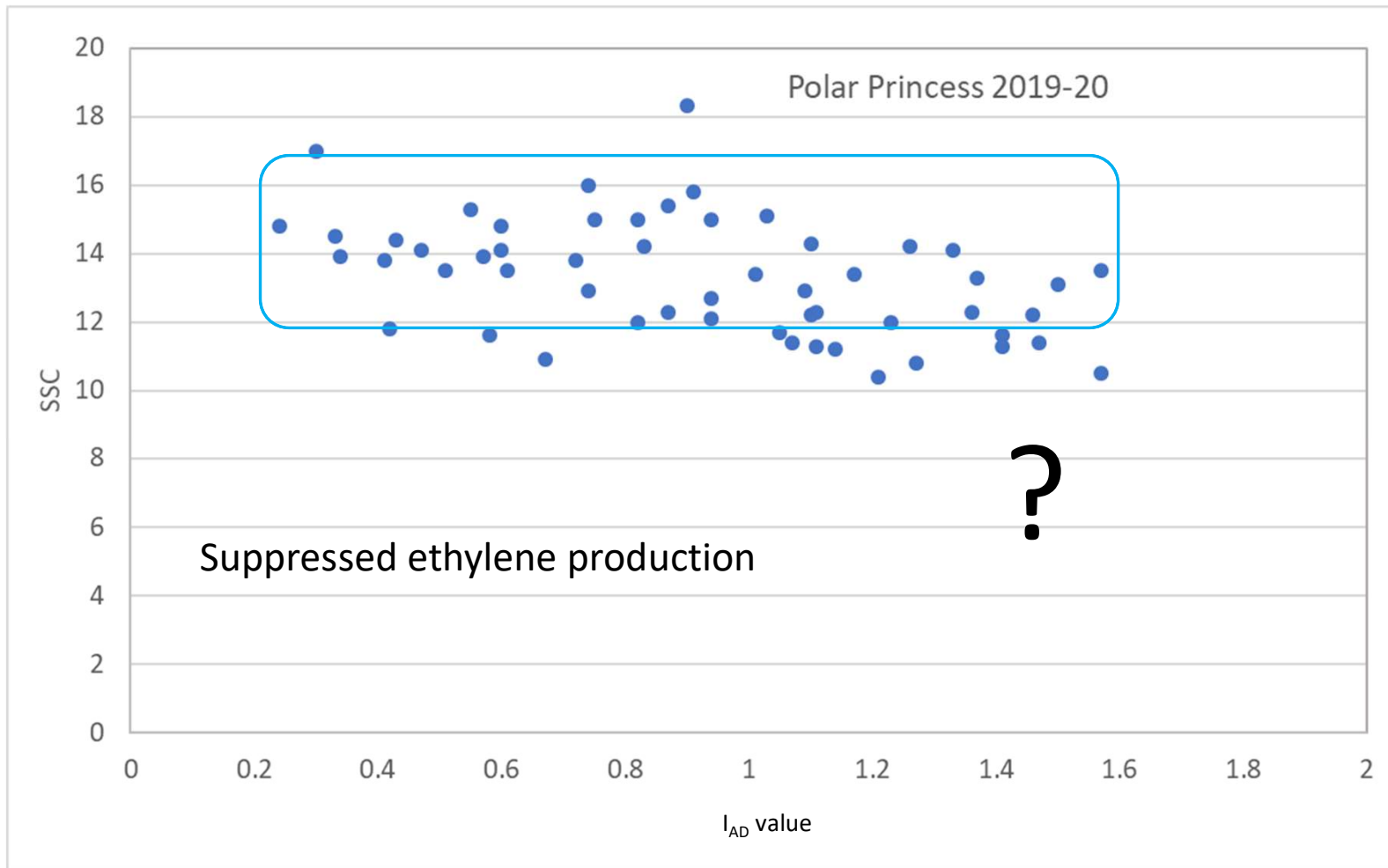
# Sweetness – September Bright



# Sweetness – Diamond Pearl



# Sweetness – Polar Princess



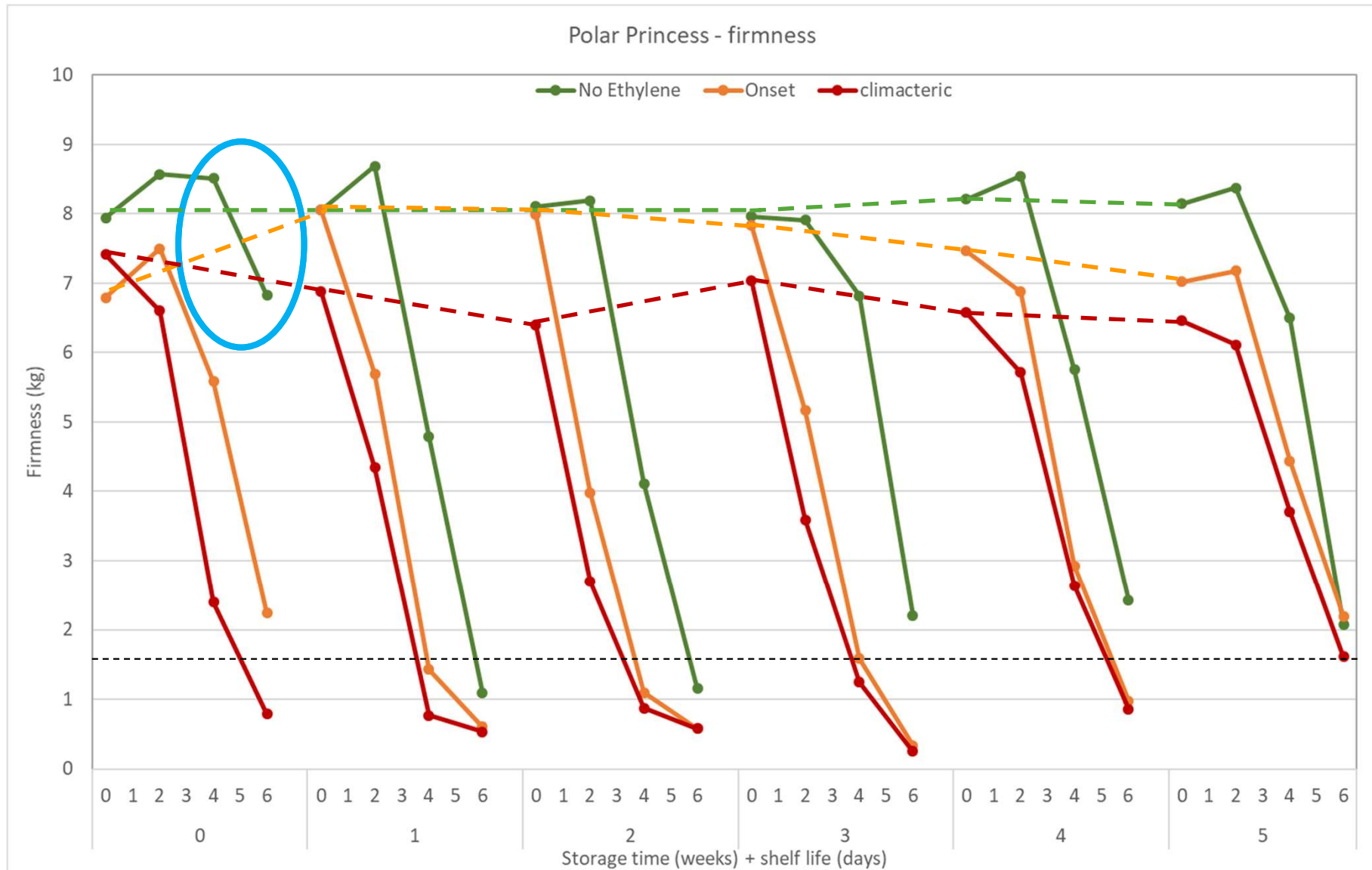
## Maturity: DA range/Firmness range

Crossover in harvest firmness between No ethylene and Onset ethylene production

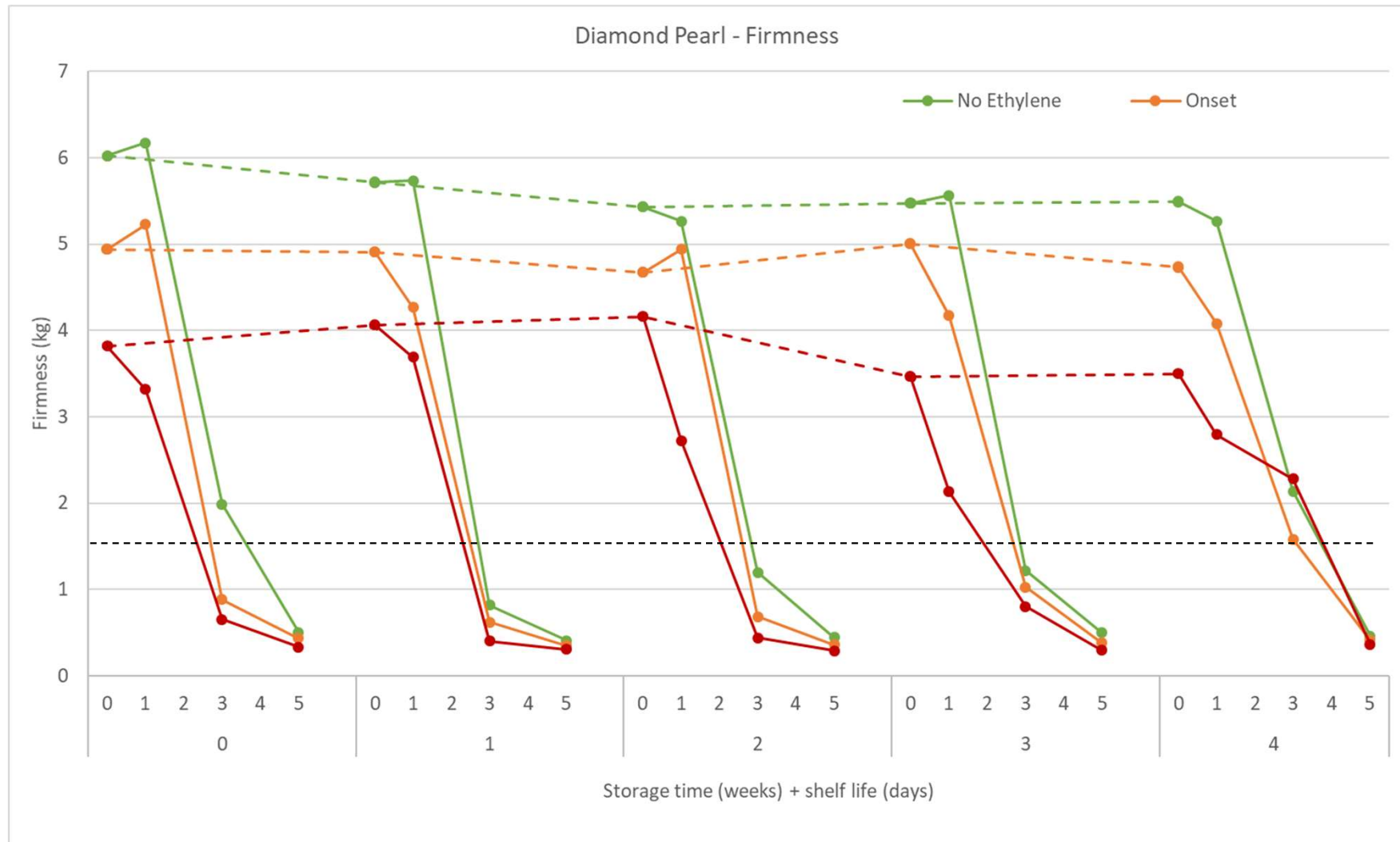
Cultivar	Firmness	DA range	DA values
<b>Snow Flame 23</b>	9.1 – 3.9	No ethylene	≥ 1.0
	5.9 – 1.0	Onset	0.90 – 0.30
<b>Diamond Pearl</b>	7.0 – 0.9	No ethylene	≥ 0.80
	3.0 – 0.5	Onset	0.70 – 0.40
<b>September Bright</b>	8.9 – 6.0	No ethylene	≥ 1.30
	7.9 – 2.5	Onset	1.20 – 0.50
<b>August Flame</b>	12.2 – 6.0	No ethylene	≥ 1.40
	7.8 – 3.0	Onset	1.30 – 0.70
<b>Polar Princess</b>	9.9 – 5.8	?	1.8 – 0.2



# Firmness – long term storage and shelf life

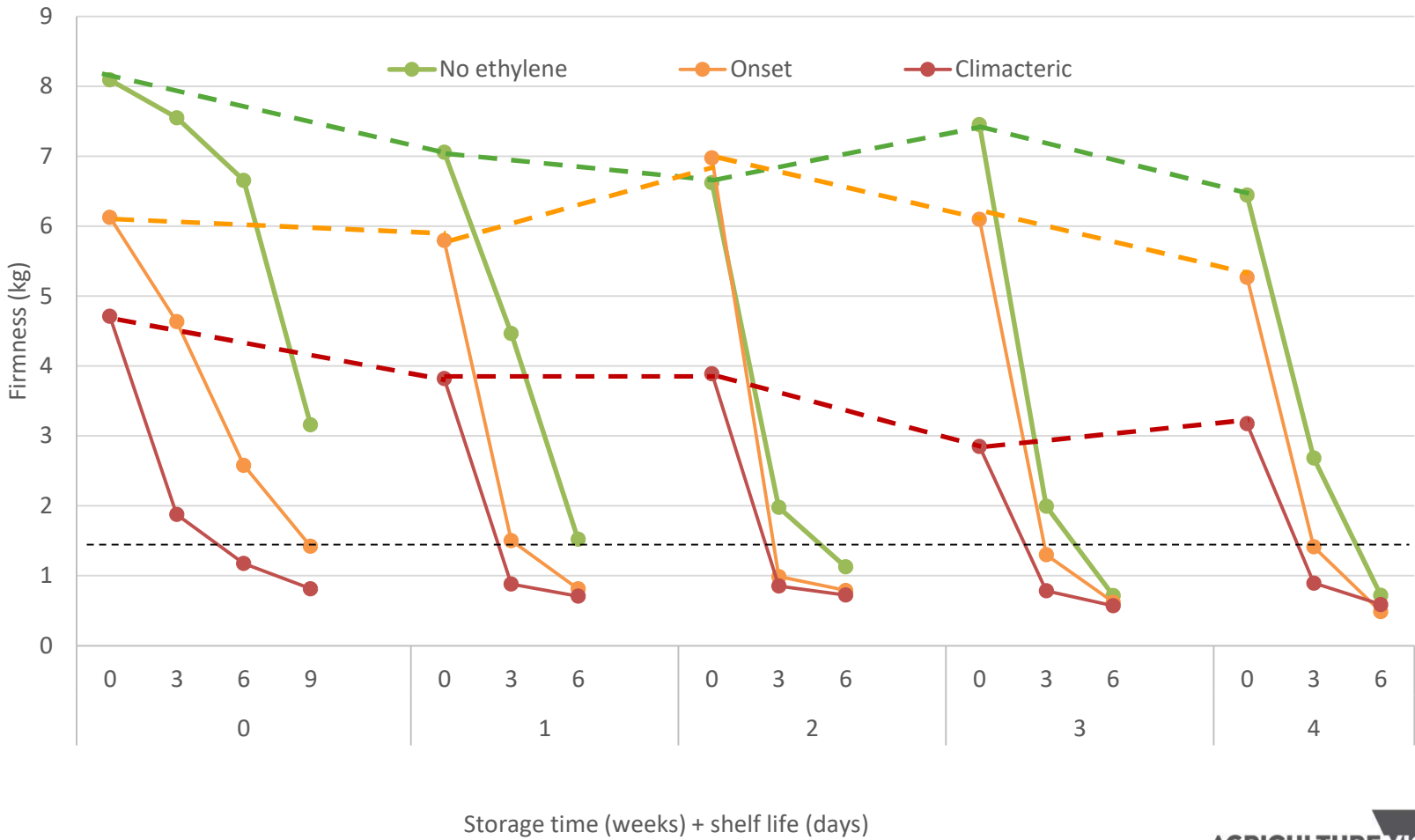


# Firmness – long term storage and shelf life

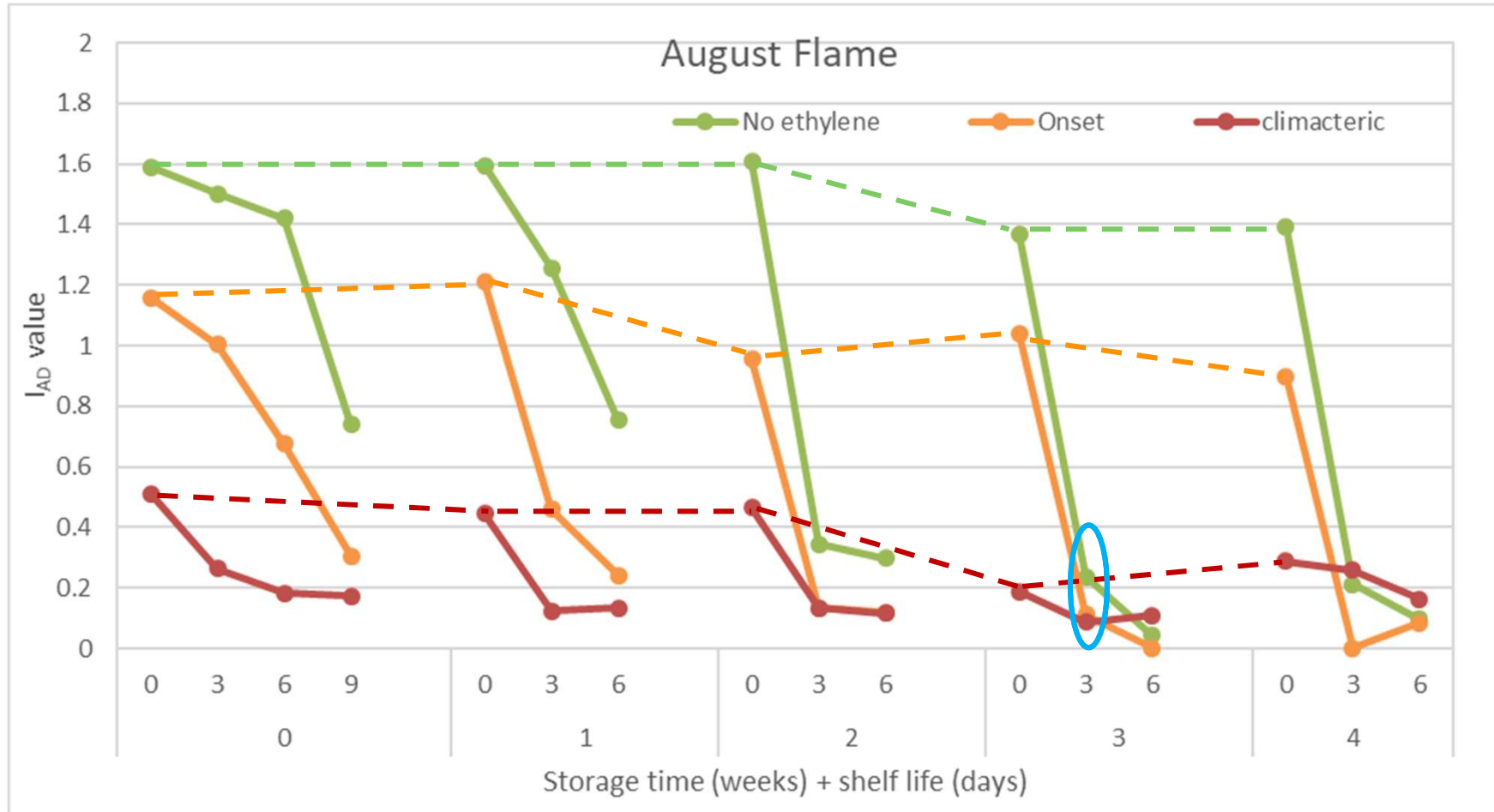


# Firmness – long term storage and shelf life

August Flame

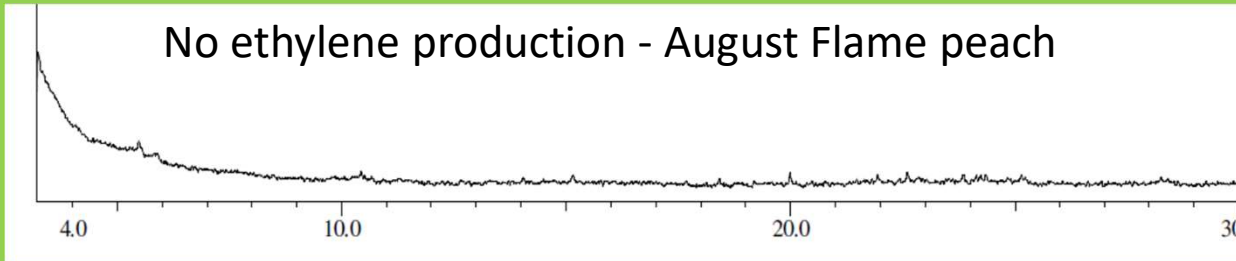


# I<sub>AD</sub> – long term storage and shelf life

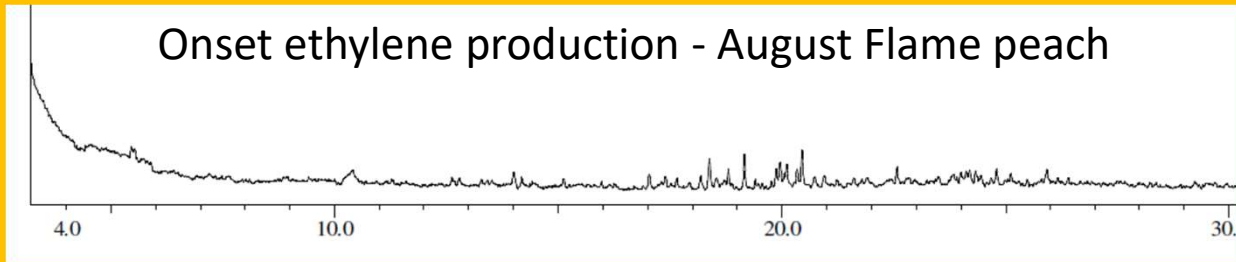


# Physiological maturity - VOCs

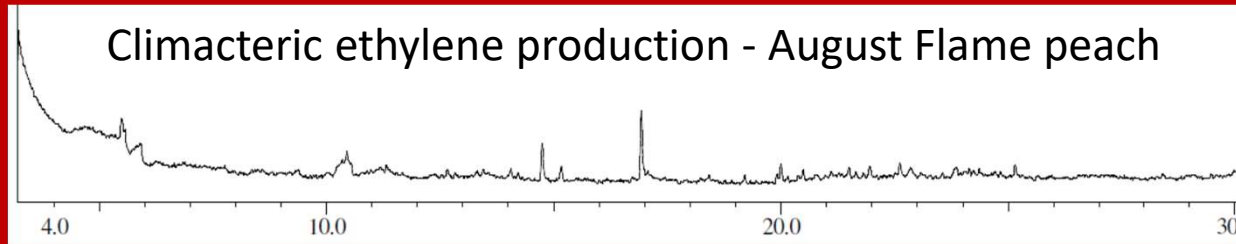
No ethylene production - August Flame peach



Onset ethylene production - August Flame peach

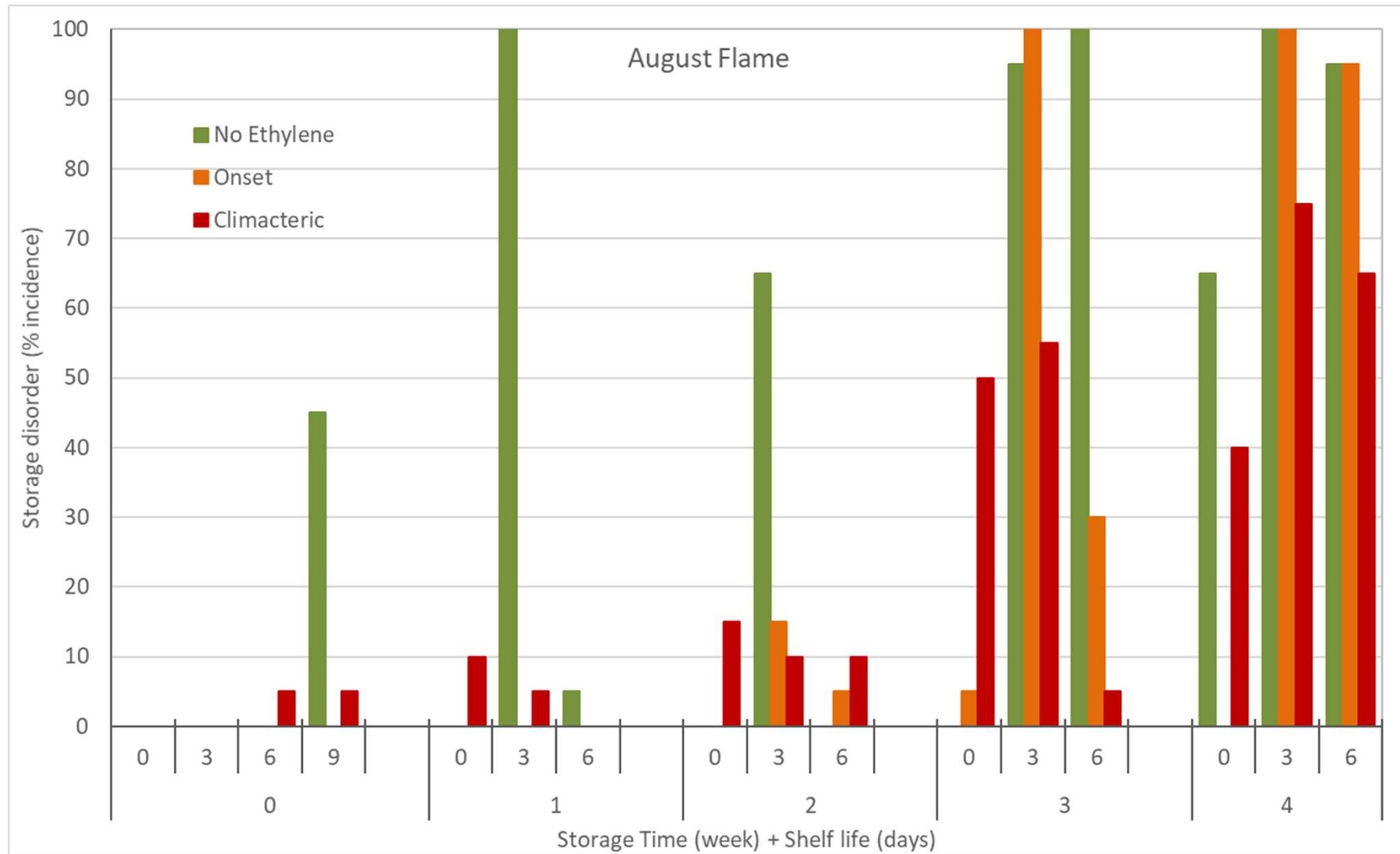


Climacteric ethylene production - August Flame peach



(3 weeks 2 °C + 3 days shelf life)

# Disorders during long term storage and shelf life





## What we know so far

- Fruit with the **same** size, appearance, SSC, or Firmness **may not be** at the same physiological development stage
- Fruit that is **not physiologically ready** at harvest are more likely to result in disorders after short and long term storage
  - browning, mealy, rubbery, shrivelled
  - these fruit will soften, but not ripen
  - cannot *restart* adequately
- **Ontogeny** – fruit should be harvested at a stage where it is still capable of reaching it's full organoleptic potential. Taste, smell, texture

**Make sure the fruit is not just harvest ready,  
but is ready to harvest**

## Where to from here?

- Measure physiological maturity - ethylene production
- Correlate ethylene production with in field instruments:
  - $I_{AD}$  (DA meter; database of results on HIN)
  - App for downloading DA values will be available next couple months
  - Fluorescence meter – Reubens Technology, preliminary testing shows promise, further testing coming season/s
- Delayed cooling
  - Further studies to link physiological maturity with delayed cooling (stepwise cooling/preconditioning)
- Other future possibilities:
  - NIR in grading system – still under investigation (Spain, IRTA)
  - Cultivar – breeding - appropriate varieties for storage

# Thank you

## Questions?

Contact: [Christine.Frisina@agriculture.vic.gov.au](mailto:Christine.Frisina@agriculture.vic.gov.au)

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[www.hin.com.au/profitable-stonefruit-research](http://www.hin.com.au/profitable-stonefruit-research)

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